

FootNotes

WINTER 2014, QUARTERLY NEWSLETTER – THE LIBRARIES OF SAMARITAN HEALTH SERVICES

MDConsult/FirstConsult Retiring From the Library

After many years serving Samaritan Health Services with electronic versions of textbooks and journals, MDConsult/FirstConsult has been retired by the publisher, Elsevier. The Libraries of Samaritan Health Services have been working to try to ensure that the content you have relied on these past years will continue to be available in some form. Those titles that you have been accustomed to using and are not currently available may be offered on another platform and vendor. Presently, we will continue to offer [AccessMedicine](#) which contains over 90 textbooks in their full text. [EssentialEvidencePlus \(EE+\)](#) continues to be a point-of-care alternative to FirstConsult with the Cochrane Systematic Reviews, Clinical Practice Guidelines, and Evidence-based Medicine as the cornerstone of this robust collection of databases. Many of the journals we have had online through MDConsult are being reviewed to be provided via our website. Please be patient as this major transition of electronic resources takes place. Updates will be provided as this process moves forward.

January is Thyroid Awareness Month

Ask the average American what they know about their thyroid and they will tell you that they know we have one, but what is it and what does it do? Beyond that, they know it has a function but what it is, they do not know. There are over 30 million Americans who have a thyroid condition with half of that number not knowing it and then there are those who are unaware of their issue or have been misdiagnosed. The American Association of Clinical Endocrinologists created this informative [AAACE Thyroid Awareness](#) website. There is information on various thyroid conditions and disease including self-check option among others.

Take the time to get the facts and see just how many organs and their functions are influenced by a healthy and unhealthy thyroid.

[MeSH on Demand?](#)

[PubMed](#), the bibliographic database of the world's medical literature contains over 24 million citations! With so many article citations how is one able to use the indexed terminology especially if one has no idea how and what is used? The National Library of Medicine (NLM) indexes items in its database utilizing [MeSH](#), Medical Subject Headings. This simple tool can aid the researcher in zeroing in on their topic by using the indexed terminology which also provides

for utilization of subheadings to gain specific aspects of a topic researched in the breadth of what [PubMed](#) offers.

[MeSH on Demand](#) identifies MeSH Terms in your text. After processing what you have input, MeSH on Demand returns a list of MeSH Terms relevant to your text which you placed in the box. Processing time, usually 30-45 seconds on average may take longer depending on the amount of text you provide – the more text you provide, the longer the processing time. Therefore, try to provide well-defined sentences and [MeSH on Demand](#) will return a simple list of MeSH Terms identified as being relevant to your text. Each of the identified MeSH Terms has a link to the web page to the corresponding MeSH Heading.

If you still cannot find what you may be looking for, not to worry, the Library staff is quite adept at working with you to formulate a strategy using both MeSH Terms and additional keywords to research then locate just what you want regardless of the amount of information made available to us.

Simply contact us by using the [Request Form](#) found on www.samlib.com which will provide the appropriate boxes for you to fill in with the information we need to obtain it for you. You may also use the [Outlook Mail Address Book](#) looking for the **SHS Library Group** which will send the request to all library staff as does the [Request Form](#). Call us if you need to, as well.

Diabetes State Atlas Now Available

In response to the increased rates of Diabetes in the United States, the Centers for Disease Control and their Division of Diabetes Translation have created and made available the [Diabetes State Atlas](#). This interactive Internet-based tool for the public contains maps and charts of Diabetes data and trends at the state level which can be quite useful to the researcher and those just wanting to monitor trends while identifying high risk groups.

Some interesting features include customizable maps and graphics of surveillance data with state-specific trends by sex and age with downloadable maps, data tables, and charts. All of this documenting the public health burden of Diabetes and its complications in the United States.

This resource can be found under [Endocrinology](#) on our [Online Textbook](#) page.

Winter Driving Skills You Need To Know!

This may seem like a “no-brainer” but sometimes we’re in such a rush to get where we are going you start the car and go! Before you hit the road you should clear snow and ice from all windows and lights – even the hood and roof before getting behind the steering wheel. And when behind the wheel, leave plenty of room for stopping between you and that vehicle ahead of you.

You should use your brakes carefully by braking early and braking correctly depending on the conditions of both the road and immediate weather. Keep in mind that in adverse conditions it takes more time and distance to stop.

There are many more tips on the web for you to keep in mind but you should never attempt to out drive the conditions. Keep in mind that the posted speed limits are for dry road conditions. To find more tips for yourself, check out these websites:

[AAA-Winter Driving Tips](#)

[National Traffic Safety Institute \(NTSI\)-Winter Driving Safety Tips](#)

[Oregon-Winter Travel Tips and Information](#)

Winter driving can be safe with proper planning while using extra caution.

We're Here and We Helped There!

The Library Staff in the Murray Memorial Library at Good Samaritan Regional Medical Center was contacted by Corvallis community member Michael Coolen asking about the possibility of used or older clinical textbooks which could be donated to a nursing school in Gambia, West Africa. Through the coordinated efforts of both Ken Willer and Paul Porter at GSRMC and Douglas Hambley at SAGH, over 30 nursing-related textbooks were boxed up and shipped to the Gambian School of Nursing. Below is a picture of the Lamin Suwareh, Director of the Nursing School with some of the textbooks donated by our Samaritan Libraries! Special thanks to Paul for spearheading and coordinating this effort by gathering, boxing, then shipping out all of the books!



Visit or contact SHS libraries:

Murray Memorial Library at GSRMC - 541.768.6200 / 80-6200

Stanley K. Davis Library at SAGH - 541.812.4446 / 82-4446

Medical Library at SLCH (Tu, Th only) - 541.451.7173 / 81-7173